

The background of the entire poster is a topographic map with blue contour lines. A large, light-colored circular area is centered on the map, containing the main text.

**THE
NORTH CAROLINA DIVISION OF MENTAL HEALTH,
DEVELOPMENTAL DISABILITIES AND
SUBSTANCE ABUSE SERVICES
AND NORTHWEST AHEC**

PRESENTS THE

**19TH ANNUAL
STATEWIDE COMMUNITY SUPPORT &
TARGETED CASE MANAGEMENT
CONFERENCE**

**IMPLEMENTING CHANGE:
SKILLS AND STRATEGIES FOR SUCCESS**

PRE-CONFERENCE NOVEMBER 7, 2006

NOVEMBER 8-9, 2006

**BENTON CONVENTION CENTER
WINSTON-SALEM, NORTH CAROLINA**

19th Annual Statewide Community Support & Targeted Case Management Conference

"Implementing Change: Skills and Strategies for Success"

Community Support (CS), Community Support Team (CST) and Targeted Case Management (TCM) provide services to individuals with mental health and/or substance abuse and/or developmental disabilities. It is the mission of this conference to provide training that will enhance and/or increase the competency of the staff working in these services. The conference offers sessions to meet training requirements of each session. These sessions were chosen so they will give the participants the tools, strategies, skills, knowledge and methods to provide the highest quality of service delivery.

Objectives — At the conclusion of this conference, participants should be able to:

- Understand key services to implement mental health transformation, such as Community Support, Targeted Case Management or CAP;
- Identify skills and strategies to successfully serve older adults, children and youth with sexual issues, people who are homeless; and
- Understand and identify new skills and strategies to enhance or improve competency of staff providing CS, CST, TCM or CAP.

Target Audience — The target audience this year includes the following:

- Professional staff providing any Community Support or Community Support Team services to adults or children with mental illness and/or substance abuse;
 - Paraprofessional and professional staff providing Community Support or Community Support Team services to adults or children with mental illness and/or substance abuse; and
 - Professional staff providing Targeted Case Management or CAP services to adults or children with developmental disabilities.
- Peer Support Specialists providing services on Community Support Teams, ACTT and Social Setting Detox Programs are able to use this training towards the 20hrs training relevant to their position which is part of the certification process.

PLEASE READ THE FOLLOWING DIRECTIONS BEFORE REGISTERING

In response to the conference evaluations of the past 2 years, the conference will focus on offering sessions that provide tools, strategies and methods to implement high quality Community Support (CS), Community Support Team (CST) and Targeted Case Management (TCM).

Pre-Conference - The Pre-conference offers 6 endorsed training sessions meeting the training requirements specific to these services. The 3 remaining sessions will count toward the "other" elective training requirements. **THESE SESSIONS MUST BE PRE-REGISTERED WITH SPACE FOR 45 PARTICIPANTS EACH SESSION ONLY!**

Conference – Please note that there are 6 concurrent sessions that are limited to 45 participants and require pre-registration. These sessions are notated in the brochure. Attendance at each part of these sessions is necessary to receive the required Endorsed Training and /or CEUs/Contact Hours. **THESE SESSIONS MUST BE PRE-REGISTERED WITH SPACE FOR 45 PARTICIPANTS EACH SESSION ONLY!**

The remaining 6 sessions are open to all conference participants and will meet the "other" elective training requirement for these services. Participants will receive Contact and CEU hours for the sessions they attend.

19th Annual Statewide Community Support & Targeted Case Management Conference "Implementing Change: Skills and Strategies for Success"

Date/Times:

Pre-Conference: Tuesday, November 7, 2006—9:00 am—5:00 pm (Registration: 8:00-9:00 am)

Conference: Wednesday, November 8, 2006—9:00 am—5:00 pm (Registration: 7:30-9:00 am)

Thursday, November 9, 2006—9:00 am—4:30 pm (Registration: 7:30-9:00 am)

Location: Benton Convention Center, 460 North Cherry St., Winston-Salem NC. Hotel rooms will be offered at the Embassy Suites and Marriott Hotel which is attached to the Benton Convention Center. The Marriott Hotel lodging is a flat rate of \$119 plus tax regardless of the number of people in the room. The Embassy Suites lodging is a flat rate of \$129 plus tax (free hot breakfast is included) regardless of the number of people in the room. The Embassy Suites also has a limited number of Two bedroom suites (2 queen beds, 1 king, pull out queen) – flat rate of \$179 plus tax (Free hot breakfast is included). Reservations can be made at Marriott at 1-800-320-0934; the Embassy at 1-800-696-6107. Deadline to secure these rates is October 16, 2006.

Parking: Self-park in parking deck is \$6 per day in cash; self park in parking deck billed to room is \$10 per day; valet parking is \$12 per day.

Directions: <http://www.mapquest.com> — to get Map Quest directions, go to this link and enter 460 North Cherry Street, Winston-Salem, NC.

Conference Fees: (If utilizing the discount rate – registrations for both will need to be submitted together)

Pre-Conference: \$80.00 (postmarked by 10/26/06) **\$100.00** (after 10/26/06)

Discount if also attending Conference: \$75 (postmarked by 10/26/06) **\$94.00** (after 10/26/06)

Conference: \$100.00 (postmarked by 10/26/06) **\$125.00** (after 10/26/06)

Discount if also attending Pre-Conference: \$95 (postmarked by 10/26/06) **\$119.00** (after 10/26/06)

The continental breakfasts, breaks, award luncheon, bingo and social are included in the registration fee. **No registrations will be accepted after October 31, 2006. Participants are responsible for payment of registration fee! Check with your agency for confirmation of payment. If payment has not been made by your agency, participants will have to make payment before entering the conference.**

No registration will be accepted at the door! A registration is not confirmed until payment is received. Once payment is received, participants will receive confirmation of registration. YOU MUST BRING YOUR CONFIRMATION LETTER TO CONFERENCE IN ORDER TO CHECK IN!

Refund Policy: Refunds are available, less a \$15.00 administrative fee per/activity for cancellations received by 11/04/06. If you register, do not attend and do not cancel by 11/04/06, you or your agency will be billed for the full amount of the registration fee. Substitutes are accepted and encouraged.

For Questions and Special Needs: We want to assure that all participants can benefit from our program. If you need auxiliary aids or special services to attend this program, please call Joyce Allen at least five working days prior to the program at (336) 713-7726, and we will be glad to make the appropriate arrangements.

Payment Policy: Payment is required on or before entrance to activity. Payment terms: Visa/MC, cash, money order, personal check or corporate check. Note: If you have not received your confirmation prior to the seminar date, please call Joyce Allen at (336) 713-7726 to verify the status of your registration.

Pre-Conference: 6.00 Contact Hours NBCC (Provider #5465)

Conference: 8.25 Contact Hours NBCC (Provider #5465) Northwest AHEC is recognized by the

National Board for Certified Counselors to offer continuing education for National Certified Counselors.

Application has been made for 6.0 contact hours & 8.25 hours of "Substance Abuse General Skill Building" credit from the North Carolina Substance Abuse Professional Practice Board. This program is acceptable for .60 Continuing Education Units (CEUs) & .83 Continuing Education Units (CEUs) from Wake Forest University School of Medicine. This program will provide 6.0 contact hours & 8.25 contact hours Category A Continuing Education for Psychologists.

Register Today: Mail the attached completed registration form, fax registration to:
(336) 713-7701, or you may call our toll-free number, 1-800-277-7654.
If calling toll-free number, please state that you wish to register for a

Pre-Conference
Tuesday November 7, 2006
9:00 am - 5:00 pm

Community Support - Adult Focused – Endorsed Training	Charlotte Bridges, Endorsed Trainer	Initial introduction of a skills-based orientation for substance abuse and mental health clinicians and supervisors. The training will combine descriptions and experiential exercises for the new NC MH/DD/SAS Service Definitions of Community Support (CS) Adult/Adolescent MH & SA and Community Support Team (CST). This session will provide examples with an Adult MH/SA focus.
Community Support – Child Focused – Endorsed Training	Gordon Capelletty, Endorsed Trainer	Initial introduction of a skills-based orientation for substance abuse and mental health clinicians and supervisors. The training will combine descriptions and experiential exercises for the new NC MH/DD/SAS Service Definitions of Community Support Adult/Adolescent MH & SA and Community Support Team. This session will provide examples with a Child/Adolescent MH/SA focus.
Community Support – MI/MR Focused – Endorsed Training	Cynthia Reinhardt, Endorsed Trainer	Initial introduction of a skills-based orientation for substance abuse and mental health clinicians and supervisors. The training will combine descriptions and experiential exercises for the new NC MH/DD/SAS Service Definitions of Community Support Adult/Adolescent MH & SA and Community Support Team. This session will provide examples with a MI/MR focus.
First Responder – Meets requirement for other elective training	TBA Endorsed Trainer	This training is designed for practitioners with first responder responsibilities. The training will: examine the fundamental knowledge and skills necessary for effective crisis response; review crisis intervention guidelines stipulated by the NC DMH/DD/SAS; examine triggers and characteristics of crisis; and consider models of crisis intervention.
Targeted Case Management – Endorsed Training	Chris Egan Endorsed Trainer	Targeted Case Management is a community support service that involves locating, obtaining, coordinating, and monitoring social, habilitative, and medical services as well as other services and supports related to maintaining the person's health, safety and well-being.
Community Alternative Program (CAP) Endorsed Training	Susie Eguez Endorsed Trainer	This training will provide Case Managers and direct staff a basic overview of all CAP MR/DD services. The session will include information in the implementation & provisions of CAP services meeting the competencies needed by CAP providers to implement quality service.
Using Cognitive Behavioral Therapy in Community Support - Meets requirement for other elective training	Trent Codd	The competent Community Support worker will need numerous skills in order to provide quality services. This session will provide the participant with basic techniques of Cognitive Behavioral Therapy to enhance the delivery of Community Support, Community Support Teams and ACTT.
Person Centered Thinking – Endorsed Training	TBA	Person-centered planning is a process of determining real-life outcomes with individuals and developing strategies to achieve those outcomes. The process supports strengths and recovery and applies to everyone supported and served in the system. But what is Person-centered thinking? Why is this important? This session will address these issues.
The Art of Teaching Life Skills - Meets requirement for other elective training	Christina Carter	If you take a man grocery shopping, he has groceries for that week. If you teach the man how to grocery shop, he will have groceries for a lifetime. This session will teach participants how to provide skill building to people being served by CS, CST and ACTT. This session is designed for Professionals, Paraprofessionals and Peer Support Specialists.

19th Annual Statewide Community Support & Targeted Case Management Conference:

“Implementing Change: Skills and Strategies for Success”

Conference at a Glance

Wednesday, November 8, 2006

7:30 - 9:00 Registration– Benton Convention Center (BCC) – North Main Foyer
Exhibitors/Continental Breakfast - BCC - South Main Hall

9:00 – 10:15 Welcome and Opening Comments – **Debbie Webster**
General Session Speaker – **Mike Moseley**– State of the State
BCC - North Main A

10:15 – 10:30 Break

10:30 – 12:00 Concurrent Sessions

Open Sessions

Pre-Registered Sessions

PCP for Child & Family Teams	Motivational Interviewing I
Surviving the Changes in Service Delivery	Person Centered Planning I
Sexualized & Sexually Aggressive	CBT I
First Responder: An Overview	DBT I
Returning Home from the Hospital	Different Does Not Mean Wrong I
How to use NC TOPPS for PCP	Crisis Planning & Management

12:00 – 1:45 Lunch on your own

1:45 – 3:15 Concurrent Sessions

Open Sessions

Pre-Registered Sessions

Taking the Fear out of Aging	Motivational Interviewing II
Recovery & Resiliency in Children	Person Centered Planning II
Do's & Don'ts of Medication Awareness	CBT II
How to Make Sense of DD Diagnoses I	DBT II
Access, STR I	Different Does Not Mean Wrong II
Understanding Utilization Management	Crisis Planning & Management II

3:15 – 3:30 Break

3:30 – 5:00 Concurrent Sessions

Open Sessions

Pre-Registered Sessions

The Challenge of Service Implementation I	Community Support—Adult I
An Overview of SA Best Practices	Community Support—Child I
Supportive Employment	Community Support MI/MR I
How to Make Sense of DD II	First Responder I
Access STR II	Targeted CM I
Building a Therapeutic Relationship	CAP I

7:00 – 10:00 Bingo – BCC North Main Hall

8:00 – 1:30 Social – Embassy Suites – Grand Pavilion

19th Annual Statewide Community Support & Targeted Case Management Conference:

“Implementing Change: Skills and Strategies for Success”

Conference at a Glance

Thursday, November 9, 2006

8:00 - 9:00 Registration– Benton Convention Center (BCC) – North Main Foyer
Exhibitors/Continental Breakfast - BCC - South Main Hall

9:00 – 10:30 Concurrent Sessions

Open Sessions

Pre-Registered Sessions

The Challenge of Service Implementation II	Community Support—Adult II
Gang Prevention I	Community Support—Child II
Implementing Illness Management	Community Support MI/MR II
All You Ever Wanted to Know About Street Drugs	First Responder II
Living with HIV	Targeted CM II
Saying It Without Words	CAP II

10:30 – 11:00 Break

11:00 – 12:30 Concurrent Sessions

Open Sessions

Pre-Registered Sessions

Developing Extended Relationships	Community Support—Adult III
Gang Prevention II	Community Support—Child III
Implementing IDDT	Community Support MI/MR III
Homeless Not Harmful	First Responder III
How to Tell if the Person is Using Drugs (SA)	Targeted CM III
Teaching People with Autism	CAP III

12:30 - 2:30 Sandra Wells Peterson Outstanding Community Support/Targeted Case Manager Award
Lunch – Embassy Suites – Grand Pavilion

2:30 - 3:00 Break

3:00 – 4:30 Concurrent Sessions

Open Sessions

Pre-Registered Sessions

Understanding Using DA for PCP	Community Support—Adult IV
What You Should Know about MI	Community Support—Child IV
Implementing Family Psycho Ed	Community Support MI/MR IV
Ethical Dilemmas for Peer Support	First Responder IV
Traumatic Brain Injury	Targeted CM IV
Housing is a Right not a Privilege	CAP IV

19th Annual Statewide Community Support & Targeted Case Management Conference: "Implementing Change: Skills and Strategies for Success"

Wednesday, November 8, 2006

7:30am-9:00am- Registration

Benton Convention Center (BCC) North Main Foyer
Exhibitors & Continental Breakfast – BCC- South Main Hall

9:00 am - 10:15 am

Welcome/Opening Comments - Debbie Webster, Conference Coordinator
Speaker - Mike Moseley, Director, Division of MH/DD/SAS
Benton Convention Center North Main A

10:15 am – 10:30 am Break

Concurrent Sessions: 10:30 am – 12:00 pm

These sessions are open to all participants and are not pre-registered. Contact hours/CEUs will be provided using the punch card.		
Open Sessions	Presenter	Description - Meets requirement for other elective training
PCP for Child & Family Teams	Kelly Crowley	Community Support staff need to partner with children/adolescents and their families to provide the highest quality of services. This session will define a Child and Family team, provide an understanding of the team process as a vehicle for PCP and show participants how to organize a Child and Family Team meeting.
Surviving the Changes in Service Delivery: Business Solutions for Providers	Flo Stein	Providers of Community Support and Targeted Case Management are endorsed by the LME and directly enrolled to DMA to bill for services delivered. How will small agencies be able to accomplish this? This session will address solutions to this dilemma.
Sexualized & Sexually Aggressive Behaviors in Children/Adolescents	Gordon Cappelletty Rhoda Miller	This session will review the basis of sexualized behaviors in children/adolescents, the evolving perspectives on ethical treatment, management and strategies for Community Support Staff.
First Responder: An Overview	Marty Weems	This session will provide an overview of the fundamental knowledge and skills necessary for effective crisis response, review crisis intervention guidelines stipulated by the Division MH/DD/SAS, and consider models of crisis intervention for practitioners with first responder responsibilities.
Returning Home from the Hospital: Role of Service Provider	Lena Klumper	Discharge planning for people leaving psychiatric hospitalizations is crucial for the person to be successfully integrated back into his/her community. This session will provide participants with the role of service provider and hospital discharge planners.
How to Use NC TOPPS Information for PCP	Marge Crawley, Mindy McNeely	NC TOPPS captures key information on a consumer's current episode of treatment. This session will provide strategies on how to use the NC TOPPS information in PCP.

November 8, 2006
Concurrent Sessions: 10:30 am – 12:00 pm

These sessions must be pre-registered for. There is a Part I and II. Both parts must be attended to receive endorsed certificate/CEUs/Contact hours. Limited seating to 45 participants.

Pre-Registered Sessions	Presenter	Description
1. Using Motivational Interviewing in Community Support–Part I	Worth Bolton	Community Support staff need a variety of skills and knowledge to better engage and provide services to people with MH/SA issues. This session will introduce the participants to Motivational Interviewing, an evidence-based practice found to be effective in treating individuals with addictive disorders. Meets requirement for other elective training
2. Person Centered Planning Format Part I	Division MH/DD/SA Staff	Qualified Professionals responsible for completing the Person Centered Plan are required to attend this three-hour session on the PCP format. Endorsed Training
3. Using Cognitive Behavioral Therapy in Community Support/TCM Part I	Trent Codd	The competent Community Support worker will need numerous skills in order to provide quality services. This session will provide the participant with basic techniques of Cognitive Behavioral Therapy to enhance the delivery of Community Support, Community Support Teams and ACTT. Meets requirement for other elective training
4. Using Dialectic Behavioral Therapy in Community Support/TCM Part I	Christina Carter	The competent Community Support worker will need numerous skills in order to provide quality services. This session will provide the participant with basic techniques of Dialectic Behavioral Therapy to enhance the delivery of Community Support, Community Support Teams and ACTT. Meets requirement for other elective training
5. How do I say Tomato? Different Does Not mean Wrong Part I	Forrest Toms	An essential component to provide quality Community Support or Targeted Case Management is the ability to understand and accept the difference, values, beliefs and practices of all individuals served. Through interactive activities, personal reflection and group discussions, participants will engage in exploring how personal perceptions and assumptions impact how we think, feel and behave, which can impact the helping process, particularly with an increasingly diverse consumer and community. Meets requirement for other elective training
6. Crisis Planning & Management Part I –	Val Carmine	This training will emphasize the importance of Crisis Planning and Management as a critical component of the person centered plan. Meets requirement for other elective training

Lunch: (on your own) – 12:00 pm – 1:45 pm

November 8, 2006
Concurrent Sessions 1:45 pm - 3:15 pm

These sessions are open to all participants and are not pre-registered. Contact hours/CEUs will be provided using the punch card.

Open Sessions	Presenter	Description - Meets requirement for other elective training
Taking the fear out of Aging	Tanya Beckerdite	Everyone experiences the anxiety and fear of getting older. If a person has a mental illness, substance abuse issues or a developmental disability, these issues along with physical changes can cause distress. This session will introduce the concept of "Healthy Aging" and address issues pertinent to people with disabilities.
Recovery & Resiliency in Children and Adolescents	Donna Kornegay	Children and adolescents are resilient, but this is rarely seen as a strength. This session will provide strategies for supporting children/adolescents with mental health issues to cope productively and fully participate in their communities. Also discussed are the necessary relationships that need to be formed between the child/adolescent, parents and other community partners.

November 8, 2006
Concurrent Sessions 1:45 pm - 3:15 pm (Continued)

Do's & Don'ts of Medication Awareness	Nancy Threatt	What does medication monitoring mean? How is it done and why do we do it? This session will address these questions and provide strategies for implementation. This session is designed for professionals new to the field, Para- professionals and Peer Support Specialists.
How to Make Sense of Developmental Disabilities Diagnoses I	Chrissy Dykeman Jennifer Roberts	This session will summarize characteristics, similarities and differences among various MR/DD diagnoses. Practice applications for individualized programming will be discussed.
Access- Screening, triage, Referral Part I	Spencer Clark Curtis Martin	Access to services is important for the success of mental health transformation. This session will provide an understanding of screening, triage and referral from a clinical viewpoint. Part II of this session will focus on the STR Interview and Registration form.
Understanding Utilization Management	Jane Harris	The presenter from Value Options will discuss the Utilization Review process and the forms used in this process.

These sessions must be pre-registered for. There is a Part I and II. Both parts must be attended to receive endorsed certificate/CEUs/Contact hours. Limited seating to 45 participants.

Pre-registered Sessions	Presenter	Description
1. Using Motivational Interviewing in Community Support/TCM – Part II	Worth Bolton	Part II (Must attend Part I) Community Support staff need a variety of skills and knowledge to better engage and provide services to people with MH/SA issues. This session will introduce the participants to Motivational Interviewing, an evidence-based practice found to be effective in treating individuals with addictive disorders. Meets requirement for other elective training
2. Person Centered Planning Format Part II	Division MH/DD/SA Staff	Qualified Professionals responsible for completing the Person Centered Plan are required to attend this three-hour session on the PCP format. This is Part II. - Endorsed Training
3.Using Cognitive Behavioral Therapy in Community Support/TCM Part II	Trent Codd	Part II (Must attend Part I) The competent Community Support worker will need numerous skills in order to provide quality services. This session will provide the participant with basic techniques of Cognitive Behavioral Therapy to enhance the delivery of Community Support, Community Support Teams and ACTT. - Meets requirement for other elective training
4. Using Dialectic Behavioral Therapy in Community Support/TCM Part II	Christina Carter	Part II (Must attend Part I) The competent Community Support worker will need numerous skills in order to provide quality services. This session will provide the participant with basic techniques of Dialectic Behavioral Therapy to enhance the delivery of Community Support, Community Support Teams and ACTT. - Meets requirement for other elective training
5. How do I say Tomato? Different Does Not mean Wrong Part II	Forrest Toms	Part II (Must attend Part I) An essential component to provide quality Community Support or Targeted Case Management is the ability to understand and accept the difference, values, beliefs and practices of all individuals served. Through interactive activities, personal reflection and group discussions participants will engage in exploring how personal perceptions and assumptions impact how we think, feel and behave, which can impact the helping process, particularly with an increasing diverse consumer and community. - Meets requirement for other elective training
6. Crisis Planning & Management Part II	Val Carmine	Part II (Must attend Part I) This training will emphasize the importance of Crisis Planning and Management as a critical component of the person centered plan. - Meets requirement for other elective training

Break: 3:15 pm – 3:30 pm

November 8, 2006
Concurrent Sessions 3:30 pm - 5:00 pm

These sessions are open to all participants and are not pre-registered. Contact hours/CEUs will be provided using the punch card.		
Open Sessions Meets requirement for other elective training	Presenter	Description
The Challenge of Service Implementation: How to Make it Work Part I	Christina Carter	Implementing a new service is challenging. But there is a way to do this successfully. This session will assist participants in better understanding implementation.
An Overview of Substance Abuse Best Practices	Worth Bolton	This session will provide an overview of the evidence-based practice models identified for use by Substance Abuse professionals when working with people having substance abuse issues in public programs. The seven models identified by SAMHSA will be discussed.
Supportive Employment	Lisa Jackson, Donna Duggins	Employment has been proven to be an important goal for many of the individuals served by Community Support. Community Support Team and Targeted Case Management. This presentation will cover ways that these goals can be addressed in person centered planning.
How to Make Sense of Developmental Disabilities Diagnoses II	Chrissy Dykeman Jennifer Roberts	Part II - This session will cover complex diagnostic issues such as co-occurring disorders, accuracy of diagnoses, best practices of MR/DD and the impact of the diagnoses on funding and service delivery.
Access- Screening, Triage, Referral Part II	Spencer Clark Curtis Martin	The Part II session will discuss the STR form. Participants will be walked through this form and given examples as to how to use this form. It is recommended to attend Part I.
Building a Therapeutic Relationship With People Who Don't Want One	Jay Poole	What does a therapeutic relationship mean? How to accomplish this with a person that is not easily engaged. How do you engage them? This session will address these issues and provide strategies for success.

November 8, 2006
Concurrent Sessions 3:30 pm - 5:00 pm

These sessions must be pre-registered for. There is a Part I, II, III, and IV. ALL four parts must be attended to receive endorsed certificate/CEUs/ Contact hours. Limited seating to 45 participants.		
Pre-registered Sessions	Presenter	Description
7. Community Support - Adult Focused – Endorsed Training Part I	Charlotte Bridges, Endorsed Trainer	Initial introduction of a skills-based orientation for substance abuse and mental health clinicians and supervisors. The training will combine descriptions and experiential exercises for the new NC MH/DD/SAS Service Definitions of Community Support (CS) Adult/Adolescent MH & SA and Community Support Team (CST). This session will provide examples with an Adult MH/SA focus.
8. Community Support – Child Focused – Endorsed Training Part I	Gordon Capelletty, Endorsed Trainer	Initial introduction of a skills-based orientation for substance abuse and mental health clinicians and supervisors. The training will combine descriptions and experiential exercises for the new NC MH/DD/SAS Service Definitions of Community Support Adult/Adolescent MH & SA and Community Support Team. This session will provide examples with a Child/Adolescent MH/SA focus.
9. Community Support – MI/MR Focused – Endorsed Training Part I	Cynthia Reinhardt, Endorsed Trainer	Initial introduction of a skills-based orientation for substance abuse and mental health clinicians and supervisors. The training will combine descriptions and experiential exercises for the new NC MH/DD/SAS Service Definitions of Community Support Adult/Adolescent MH & SA and Community Support Team. This session will provide examples with a MI/MR focus.

November 8, 2006
Concurrent Sessions 3:30 pm - 5:00 pm (Continued)

10. First Responder Part I - Meets requirement for other elective training	TBA, Endorsed Trainer	This training is designed for practitioners with first responder responsibilities. The training will: examine the fundamental knowledge and skills necessary for effective crisis response; review crisis intervention guidelines stipulated by the NC DMH/DD/SAS; examine triggers and characteristics of crisis; and consider models of crisis intervention.
11. Targeted Case Management Part I Endorsed Training	Chris Egan Endorsed Trainer	Targeted Case Management is a community support service that involves locating, obtaining, coordinating, and monitoring social, habilitative, and medical services as well as other services and supports related to maintaining the person's health, safety and well-being. Case Managers monitor the provision of services included in the individual's person-centered plan and initiate and oversee the process of assessment and reassessment of the individual's level of care. This session will provide targeted case managers with a basic understanding of this service.
12. Community Alternative Program (CAP) Part I - Endorsed training	Susie Eguez Endorsed Trainer	This training will provide Case Managers and direct staff a basic overview of all CAP MR/DD services. The session will include information in the implementation & provisions of CAP services meeting the competencies needed by CAP providers to implement quality service.

Bingo: 7:00 pm-10:00 pm - BCC North Main Hall

\$1 per bingo card, 5 bingo cards for \$4.00.

There will wonderful prizes given out and a few grand prizes worth \$100.

Social: 8:00 pm–1:30 am - Embassy Suites - Grand Pavilion

Entertainment to be provided by **DJ Mike Morse**, an award winning DJ/Radio Host/Music Producer, who can be heard by over 300,000 people at any given moment each morning on the Bob & The Showgram, on G105. Cash Bar.

Thursday, November 9, 2006
Concurrent Sessions 9:00 am -10:30 am

These sessions are open to all participants and are not pre-registered. Contact hours/CEUs will be provided using the punch card.		
Open Sessions Meets requirement for other elective training	Presenter	Description
The Challenge of Service Implementation: How to Make it Work Part II	Christina Carter	Implementing a new service is challenging. But there is a way to do this successfully. This session will assist participants in better understanding implementation.
Gang Prevention: Diminishing the Attraction of Gang Influences I	Lt. Alexander Cpr. Pearsall Judge Bushfan Judge Reingold Parent -TBA Youth -TBA	Many of the youth served by Community Support providers display gang influences. Many are a gang "wanna-be" and others may be considering joining a gang. A panel of experts consisting of judges, law enforcement, and former gang members will discuss how to diminish the attraction of gang influence.
Implementing Illness Management into Community Support	TBA	Participants providing Community Support will receive an overview of the Illness Management Toolkit offered by SAMHSA and some essential elements staff can begin to implement.
All You Ever Wanted to Know About Street Drugs	David Turpin	Participants will learn what the current street drugs are, how they can affect a person with a mental illness and how they interact with medications such as psychotropic meds.
Living With HIV: Strategies for Success	TBA	This session will present the different programs and resources for people living with HIV/AIDS and how Community Support and Targeted Case Managers can tap into them.

Thursday, November 9, 2006
Concurrent Sessions 9:00 am -10:30 am (Continued)

Saying It Without Words: PCP for People with Communication Limitations	Tovah Wax	This session will provide approaches to including people with severe cognitive, linguistic and communication limitations in the planning of treatment. These approaches were developed through a modular approach to group work, involving visual-kinesthetic approaches and are applicable of a variety of planning efforts.
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November 9, 2006
Concurrent Sessions 9:00 am – 10:30 am

These sessions must be pre-registered for. There is a Part I, II, III, and IV. ALL four parts must be attended to receive endorsed certificate/CEUs/ Contact hours. Limited seating to 45 participants.		
Pre-registered Sessions	Presenter	Description
7. Community Support - Adult Focused Part II – Endorsed Training	Charlotte Bridges, Endorsed Trainer	Part II. Participants must attend all 4 sessions to receive endorsed certificate and contact/CEU credit.
8. Community Support – Child Focused Part II – Endorsed Training	Gordon Capelletty, Endorsed Trainer	Part II. Participants must attend all 4 sessions to receive endorsed certificate and contact/CEU credit.
9. Community Support – MI/MR Focused Part II - Endorsed Training	Cynthia Reinhardt, Endorsed Trainer	Part II. Participants must attend all 4 sessions to receive endorsed certificate and contact/CEU credit.
10. First Responder Part II - Meets requirement for other elective Training	TBA Endorsed Trainer	Part II. Participants must attend all 4 parts to receive contact/CEUs
11. Targeted Case Management Part II – Endorsed Training	Chris Egan Endorsed Trainer	Part II. Participants must attend all 4 sessions to receive endorsed certificate and contact/CEU credit.
12. Community Alternative Program (CAP) Part II – Endorsed Training	Susie Eguez Endorsed Trainer	Part II. Participants must attend all 4 sessions to receive endorsed certificate and contact/CEU credit.

Break: 10:30 am – 11:00 am

November 9, 2006
Concurrent Sessions 11:00 am - 12:30 pm

These sessions are open to all participants and are not pre-registered. Contact hours/CEUs will be provided using the punch card.		
Open Sessions Meets requirement for other elective training	Presenter	Description
Developing Extended Relationships through Natural Supports	Christina Carter Martha Thompson	An important element of Community Support and Targeted Case Management is to assist the person being served to develop natural supports. This session will provide strategies to accomplish this.
Gang Prevention: Diminishing the Attraction of Gang Influences Part II	Lt. Alexander Cpl. Pearsall Judge Bushfan Judge Reingold Parent -TBA Youth -TBA	Part II. Continuation of previous session.

November 9, 2006
Concurrent Sessions 11:00 am - 12:30 pm (Continued)

Implementing Integrated Dual Disorder Treatment into Community Support	TBA	Participants providing Community Support will receive an overview of the Integrated Dual Disorder Treatment Toolkit offered by SAMHSA and some essential elements staff can begin to implement.
Homeless Not Harmful -	Denver Brown Courtney Strickland	The transformation of the mental health/substance abuse system of services has made serving individuals who are homeless and have serious mental illness and/or substance abuse a priority. In this interactive session, the presenters will help Community Support providers dispel fears of working with people who are living in shelters or street locations and assist them to understand the homeless culture.
How to Tell if the Person You Serve is Using Drugs or Alcohol	TBA	This session is design for paraprofessionals, Peer Support Specialist and new professionals to the field. Participants will learn about the signs and symptoms that a person with mental illness or developmental disabilities display that indicate they are using drugs or alcohol.
Teaching People with Autism: A Guide for Support Professionals	Shelly Moore Laurie Quartermain	Autism is a unique developmental disability that affects a person's ability to understand what they see, hear and otherwise sense. This session will explore learning styles and provide helpful strategies in effectively teaching people with Autism.

November 9, 2006
Concurrent Sessions 11:00 am - 12:30 pm

These sessions must be pre-registered for. There is a Part I, II, III, and IV. ALL four parts must be attended to receive endorsed certificate/CEUs/ Contact hours. Limited seating to 45 participants.		
Pre-registered Sssions	Presenter	Description
7. Community Support - Adult Focused –Part III - Endorsed Training	Charlotte Bridges, Endorsed Trainer	Part III. Participants must attend all 4 sessions to receive endorsed certificate and contact/CEU credit.
8. Community Support – Child Focused Part III – Endorsed Training	Gordon Capelletty, Endorsed Trainer	Part III. Participants must attend all 4 sessions to receive endorsed certificate and contact/CEU credit.
9. Community Support – MI/MR Focused Part III- Endorsed Training	Cynthia Reinhardt, Endorsed Trainer	Part III. Participants must attend all 4 sessions to receive endorsed certificate and contact/CEU credit.
10. First Responder Part III - Meets requirement for other elective training	TBA, Endorsed Trainer	Part III. Participants must attend all 4 sessions to receive contact/CEU credit.
11. Targeted Case Management Part III- Endorsed Training	Chris Egan Endorsed Trainer	Part III. Participants must attend all 4 sessions to receive endorsed certificate and contact/CEU credit.
12. Community Alternative Program (CAP)Part III – Endorsed Training	Susie Eguez Endorsed Trainer	Part III. Participants must attend all 4 sessions to receive endorsed certificate and contact/CEU credit.

12:30 pm -2:30 pm

**Sandra Wells Peterson Outstanding Community Support/Targeted Case Manager Award
Lunch – Embassy Suites – Grand Pavilion**

Break: 2:30 pm - 3:00 pm

November 9, 2006
Concurrent Sessions 3:00 pm - 4:30 pm

These sessions are open to all participants and are not pre-registered. Contact hours/CEUs will be provided using the punch card.

Open Session Meets requirement for other elective training	Presenter	Descriptions
Understanding How to Use the Diagnostic Assessment in PCP	Christina Carter	People entering the MH/DD/SA system needing enhanced services will receive a Diagnostic Assessment. This session will provide strategies for using the information from the Diagnostic Assessment in PCP.
What You Should Know about Mental Illness	Laurie Selz-Campbell	What does it mean to have schizophrenia or bi-polar disorders? This session is designed for the new professional in the field, Para-professionals and Peer Support Specialist. Participants will learn the different mental health disorders, symptoms of the disorders and things you need to know to successfully support recovery.
Implementing Family Psycho- education into Community Support	TBA	Participants providing Community Support will receive an overview of the family Psycho-education Toolkit offered by SAMHSA and some essential elements staff can begin to implement.
Ethical Dilemmas Facing Peer Support Specialists	BHRP	This session will provide an overview of the Peer Support Specialist role in Community Support Teams, ACTT and Social Setting Detox services and engage participants in discussing ethical dilemmas common in community service settings.
Traumatic Brain Injury	Tami Guerrier	
Housing is a Right Not a Privilege: The Housing First Model	Martha Are	Housing has been identified as one of the most important needs of people who are homeless or coming out of a stay at the hospital. The belief has been that people needed to show readiness to live on their own. The best practice model is Housing First. This session will provide an overview of this model and strategies to incorporate Housing First in your agency.

November 9, 2006
Concurrent Sessions 3:00 pm - 4:30 pm

These sessions must be pre-registered for. There is a Part I, II, III, and IV. ALL four parts must be attended to receive endorsed certificate/CEUs/ Contact hours. Limited seating to 45 participants.

Pre-registered Sessions	Presenter	Description
7. Community Support - Adult Focused IV – Endorsed Training	Charlotte Bridges, Endorsed Trainer	Part IV. Participants must attend all 4 sessions to receive endorsed certificate and contact/CEU credit.
8. Community Support – Child Focused IV – Endorsed Training	Gordon Capelletty, Endorsed Trainer	Part IV. Participants must attend all 4 sessions to receive endorsed certificate and contact/CEU credit.
9. Community Support – MI/MR Focused IV - Endorsed Training	Cynthia Reinhardt, Endorsed Trainer	Part IV. Participants must attend all 4 sessions to receive endorsed certificate and contact/CEU credit.
10. First Responder IV - Meets requirement for other elective training	TBA, Endorsed Trainer	Part IV. Participants must attend all 4 sessions to receive contact/CEU credit.
11. Targeted Case Management IV – Endorsed Training	Chris Egan Endorsed Trainer	Part IV. Participants must attend all 4 sessions to receive endorsed certificate and contact/CEU credit.
12. Community Alternative Program (CAP) IV – Endorsed Training	Susie Egue Endorsed Trainer	Part IV. Participants must attend all 4 sessions to receive endorsed certificate and contact/CEU credit.

Sandra Wells Peterson

Outstanding Community Support/Case Manager Award

The 19th Statewide Community Support & Targeted Case Management Conference, formerly known as the Annual Case Management Conference, will be held on November 8 & 9, 2006 with a pre-conference on November 7, 2006. The Case Management Conference Planning Committee is requesting nominations for the Sandra Wells Peterson Outstanding Community Support/Case Manager Award. This is the 7th presentation of this award. This award recognizes professionals providing Community Support to adults or children with mental health and/or substance abuse issues and Targeted Case Managers serving adult and children with developmental disabilities for their commitment and dedication.

Any one can make a nomination but the nomination guidelines must be followed. All Community Support Professionals and Targeted Case Managers across all disability areas in the MH/DD/SAS system are eligible for the award. Anyone, LME, Provider, consumer/family member, can make a nomination. Nominations can be mailed to Debbie Webster at 3005 Mail Service Center, Raleigh, NC 27699-3005, faxed to 919-508-0962 or e-mailed to debbie.webster@ncmail.net no later than **September 30, 2006**.

The nominations will be judged by the Conference Planning Committee, which is comprised of professionals providing MH/DD/SA services from across the state and staff from the Division. All identifying information will be concealed and each nomination will be rated. A winner and four runner-ups will be decided. The five finalists will attend the Conference where the Award will be presented. The Planning Committee will pay for the conference registration and hotel accommodations for one night for the five finalists.

Pre-conference registration is not included. In addition, the winner will receive a \$500 Honorarium.

Nomination Instructions

Sandra Wells Peterson worked for the Division of MH/DD/SAS, Adult Mental Health Section; Cumberland County Mental Health; The Durham Center and Dorothea Dix Hospital. She served as chairperson for the Statewide Case Management Conference for several years. She presented at several workshops and at the National Case Management Conference as well. Her unexpected death on January 12, 2000 has left a void for all who knew her.

This award will recognize a Community Support Professional/Targeted Case Manager who has demonstrated dedication to his/her profession, connection with their community, and partnership with consumers grounded in the belief of recovery and strength.

The following guidelines must be followed to make a nomination. Nominations will be rated based on compliance with these guidelines.

1. Provide a **narrative**, no more than two pages long, describing **in detail** and **using specific examples** how the nominee **demonstrates** excellence in each of the following areas (above and beyond job description):
 - a. **Dedication to their profession** – providing services above and beyond expected duties. Takes initiative to increase knowledge and skill level.
 - b. **Good relationship with the community, not just other agencies** – establishing relationships with community partners such as law enforcement, schools, homeless shelters, churches, halfway houses, utility companies. Establishing relationship with non-traditional community partners such as department stores for donated clothes and items.
 - c. **Partnership relationship with the people served** – Views and treats person he/she serves as an equal partner by listening to person, valuing their opinion, recognizing and respecting their cultural differences.
 - d. **Supporting people to have meaningful lives of their choice** – supporting people to gain power and control over their lives through access to meaningful choices and the resources to implement those choices.

TIPS for making a nomination:

Give details of specific activities that are over and above expected functions of a case manager. Do not just say the nominee is dedicated; give specific examples of activities that are not part of the job description that the nominee performs demonstrating dedication.

2. Provide the following information on the narrative:
 - a. Name of the nominated individual, agency where he or she is employed, his/her phone number and e-mail address.
 - b. The name of the person making the nomination, relationship to nominee, his/her phone number, e-mail address.

Nominations must include **2 letters** of support for the nominee, no more than one page long, from the following sources: person receiving services or his/her family member, service provider, community agency or immediate supervisor. **If nomination is not made by a supervisor, one support letter must be from the case manager's immediate supervisor.**

Failure to comply with nomination requirements will result in the nomination not being considered.

Nominations can be mailed to Debbie Webster at 3005 Mail Service Center, Raleigh, NC 27699-3005 or faxed to (919) 508-0962 or e-mailed to debbie.webster@ncmail.net no later than **September 30, 2006**.

Northwest Area Health Education Center
Wake Forest University School of Medicine
Medical Center Boulevard
Winston-Salem, NC 27157-1060
336-713-7700



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COMMUNITY SUPPORT/TARGETED/CASE MANAGEMENT CONFERENCE SCHOLARSHIP APPLICATION

The **19th Community Support & Targeted Case Management Conference Planning Committee** has instituted 20 professional and 20 paraprofessional scholarships from the proceeds of the Silent Auction that took place at last year's conference. Scholarship recipients will be randomly selected from all eligible, completed applications and will have the Conference Registration waived. **This scholarship does not cover the pre-conference registration fee.**

Eligible Applicants: Professionals and paraprofessionals identified in conference target audience are eligible to submit an application.

Name: _____

Position: _____

Agency: _____

Phone Number: _____ E-mail Address: _____

Written statement demonstrating why you need to attend the conference.

Written statement demonstrating why you need financial assistance to attend the conference.

Professionals _____ Paraprofessionals _____ (Check one)

SUPERVISOR'S STATEMENT: (Applicant Name) _____ will be approved to attend the conference if awarded the Scholarship covering the Conference Registration fee. This scholarship does not cover the pre-conference registration fee.

Supervisor Signature: _____

Supervisor name: _____

Phone number: _____

Please complete all information, especially, phone numbers.

Submit to Debbie Webster, Conference Coordinator, 3005 MSC, Raleigh, NC 27699-3005 or fax (919) 508-0962 or e-mail debbie.webster@ncmail.net.

Deadline to submit application is October 10, 2006. No applications will be accepted after this date.

ONLY scholarship awardees will be notified by telephone or e-mail by October 21, 2006

Please read instructions before completing registration form!

19TH ANNUAL STATEWIDE COMMUNITY SUPPORT & TARGETED CASE MANAGEMENT CONFERENCE

Pre-Conference Registration Form: Tuesday, November 7, 2006

****You are not registered unless you have received a Confirmation Letter from NW AHEC.
Bring Confirmation Letter on November 7, 2006 to Registration Desk****

Name _____ SS# (last 4 digits only) _____
Job Title _____ Degree(s) _____
Place of Employment _____
Work Address _____ City _____
State _____ Zip _____ County _____ Work Phone (____) _____
Work Email Address _____
Home Address _____ City _____
State _____ Zip _____ County _____ Home Phone (____) _____
Home Email Address _____

Please indicate 1st and 2nd choice

_____ Session 1 —Community Support Services—Adult Focus	_____ Session 6 —CAP
_____ Session 2 —Community Support Services Child Focus	_____ Session 7 —Cognitive ehavioral Therapy
_____ Session 3 —Community Support MI/MR Focus	_____ Session 8 —Person Centered Thinking
_____ Session 4 —First Responder	_____ Session 9 —Teaching Life Skills
_____ Session 5 —Targeted CM	

***Session confirmation is confirmed on 1st come 1st serve basis
Seating is limited to 45 participants per session***

***No changes
will be made
to the session
confirmation!***

Registrations Deadline: October 31, 2006—No Exceptions

Payment Policy: Payment is required on or before entrance to activity

Method of Payment: Personal Check _____ Business Check _____ Cash _____ Credit Card _____

Pre-Conference: **\$80** (postmarked by 10/26/06) **\$100** (after 10/26/06)

Discount if also attending Conference: **\$75** (postmarked by 10/26/06) **\$94** (after 10/26/06)

Total Amount Enclosed: \$ _____ **Check #** _____

Make check payable to:

Wake Forest University School of Medicine

Mail with registration form to:

Northwest AHEC/Joyce Allen
Wake Forest University School of Medicine
Medical Center Boulevard
Winston-Salem, NC 27157-1060

Fax: 336-713-7701

Email: jeallen@wfubmc.edu

Website: northwestahec.wfubmc.edu

**(Registrations must be
mailed together for
discount rates)**

[] VISA [] MASTER CARD

Name _____
(As appearing on card)

Card # _____

Exp. Date _____

Billing Street Number and Zip _____

Signature _____

Please read instructions before completing registration form!

19TH ANNUAL STATEWIDE COMMUNITY SUPPORT & TARGETED CASE MANAGEMENT CONFERENCE

Conference Registration Form: Wednesday-Thursday, November 8-9, 2006

****You are not registered unless you have received a Confirmation Letter from NW AHEC.
Bring Confirmation Letter on November 8, 2006 to Registration Desk****

Name _____ SS# (last 4 digits only) _____
Job Title _____ Degree(s) _____
Place of Employment _____
Work Address _____ City _____
State _____ Zip _____ County _____ Work Phone (____) _____
Work Email Address _____
Home Address _____ City _____
State _____ Zip _____ County _____ Home Phone (____) _____
Home Email Address _____

***Must attend complete series
of topic to receive credits!***

***Please indicate
1st and 2nd choice***

***No changes will be made to
the session confirmation!***

Pre-Registered Sessions—Skip if Planning to Attend Only Open Sessions

_____ Session 1 —Motivational Interviewing I & II	_____ Session 7 —Community Support—Adult I, II, III, IV
_____ Session 2 —Person Centered Planning I & II	_____ Session 8 —Community Support—Child I, II, III, IV
_____ Session 3 —CBT I & II	_____ Session 9 —Community Support MI/MR I, II, III, IV
_____ Session 4 —DBT I & II	_____ Session 10 —First Responders I, II, III, IV
_____ Session 5 —Cultural Competency I & II	_____ Session 11 —Targeted CM I, II, III, IV
_____ Session 6 —Crisis Planning & Management I & II	_____ Session 12 —CAP I, II, III, IV

***Session confirmation is confirmed on 1st come 1st serve basis
Seating is limited to 45 participants per session***

Registrations Deadline: October 31, 2006—No Exceptions
Payment Policy: Payment is required on or before entrance to activity

Method of Payment: _____ Cash _____ Credit Card _____ Personal Check _____ Business Check

Conference: \$100 (postmarked by 10/26/06) **\$125** (after 10/26/06)

Discount if also attending Pre-Conference:

\$95 (postmarked by 10/26/06) **\$119** (after 10/26/06)

(Registrations must be mailed together for discount rates)

Total Amount Enclosed: \$_____ Check #_____

Make check payable to:

Wake Forest University School of Medicine

Mail with registration form to:

Northwest AHEC/Joyce Allen

Wake Forest University School of Medicine

Medical Center Boulevard

Winston-Salem, NC 27157-1060

Fax: 336-713-7701

Email: jeallen@wfubmc.edu

Website: northwestahec.wfubmc.edu/

☐ VISA

☐ MASTER CARD

Name _____
(As appearing on card)

Card # _____

Exp. Date _____

Billing Street Number and Zip _____

Signature _____

***Please ✓ if attending events.
This is required to assure admission***

Award Luncheon ☐

Social ☐

Bingo ☐